



# Nurofen Cold & Flu Relief 200mg/5mg Tablets

## Uses

Relief of symptoms of cold and flu with associated congestion, including aches and pains, headache, fever, sore throat, blocked nose and sinuses.

## Dosage

Over 12 years: 2 tablets every 8 hours. Leave at least 4 hours between doses. Maximum 6 tablets in 24 hours. A doctor should be consulted if symptoms persist or worsen, or if the product is required for more than 10 days. Under 12 years: not to be given.

## Format and Ingredients

Tablet containing:  
Ibuprofen 200mg, Phenylephrine Hydrochloride 5mg,

**Category:**  
Cough, Colds and Sore Throat

**Manufacturer:**  
RECKITT

**Pack size:** 16

**RRP:** £4.29

**Legal Status:** (GSL)