

Counter Intelligence IC 2025 PL The training guide for pharmacy assistants





Kalms Night

Uses

A traditional herbal medicinal product used for the temporary relief of sleep disturbances, based on traditional use only.

Dosage

Over 18 years: 4 tablets to be taken 30-60 minutes before bedtime.

Four additional tablets can be taken earlier in the evening if necessary.

As treatment effects may not be apparent immediately, Kalms Night should be taken for 2-4 weeks continuously. Under 18 years: not recommended.

Format and Ingredients

White film-coated tablet containing: Valerian Root Extract (Valeriana officinalis L.) 96mg,

Category: Pack size: 50 Sleep and Travel **RRP:** £5.59 . - us: (GSL) A division of GROUPE Communications International Group Ltd 2025,

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Product data C Communications International Group

