Hay-band

Uses

Works by applying pressure to the LI-11 acupressure point on either arm.

Dosage

Adults and children over the age of 3: slide the band over the elbow so that the button faces inwards over the LI-11 acupressure point, with the bands passing either side of the elbow. Can be used on either arm. Not suitable for use during pregnancy.

Format and Ingredients

Acupressure arm band

Category:
Allergies

Manufacturer:
SCD (HINCKLEY) LTD

Pack size: 1

RRP: £13.09

Legal Status: MD