



## Lemsip Max Cold & Flu Blackcurrant

### Uses

Relief of the symptoms of colds and flu, including the relief of aches and pains, sore throat, headache, nasal congestion and lowering of temperature.

### Dosage

16 years and over: contents of 1 sachet dissolved by stirring in hot water and sweetened to taste every 4-6 hours. Maximum 4 sachets in 24 hours. Under 16 years: not to be given without medical advice.

### Format and Ingredients

Oral powder containing:  
Paracetamol 1000mg, Phenylephrine Hydrochloride 12.2mg,

**Category:**  
Cough, Colds and Sore Throat

**Manufacturer:**  
RECKITT

**Pack size:** 5, 10

**RRP:** £3.89, £5.99

**Legal Status:** (GSL), (GSL)