

# Iron 5 Oral Spray



**Category**  
Vitamins, Minerals and  
Nutritionals  
**Manufacturer**  
BETTERYOU LTD  
**Pack size**  
25ml  
**RRP**  
£9.95  
**Legal Status**



## Uses



## Format and Ingredients and %NRV

Spray containing:  
  
Ferric Sodium EDTA/Ferric Ammonium,



## Dosage

3-5 years: 1 spray, 6-8 years: 2 sprays, 9-12 years: 3 sprays,  
13 years and over: 4 sprays. Can be taken at any time of the  
day and does not need to be taken with food or water.