

Boost Vitamin B12 Oral Spray



Category

Vitamins, Minerals and
Nutritionals

Manufacturer

BETTERYOU LTD

Pack size

25ml

RRP

£12.45

Legal Status



Uses



Format and Ingredients and %NRV

Spray containing:

Vitamin B12 1200µg, Chromium 40µg, Green Tea Extract 0.5mg,



Dosage

4 sprays daily (or as directed by a healthcare practitioner).
Can be taken together or separately. Can be taken at any
time of the day and does not need to be taken with food or
water.