

# Kalms Lavender One-A-Day



**Category**

Sleep and Travel

**Manufacturer**

G R LANE HEALTH  
PRODUCTS LTD

**Pack size**

14

**RRP**

£8.49

**Legal Status**

(GSL)



**Uses**

A traditional herbal medicinal product used for the temporary relief of the symptoms of mild anxiety such as stress and nervousness. Based on traditional use only.



**Format and Ingredients**

Soft capsule containing:

Lavender oil (Lavandula angustifolia Miller, aetheroleum)  
80mg,



**Dosage**

18 years and over: 1 capsule daily with water. Under 18 years: not suitable.