

# Lemsip Max Day & Night Cold & Flu Relief Capsules



**Category**  
Cough, Colds and Sore Throat  
**Manufacturer**  
RECKITT  
**Pack size**  
16  
**RRP**  
£6.19  
**Legal Status**  
(GSL)



## Uses

For the relief of symptoms of colds and flu, including relief of aches and pains, sore throat, headache, fatigue and drowsiness, nasal congestion and lowering of temperature.



## Format and Ingredients

Day capsule containing: Paracetamol 500mg, Caffeine 25mg, Phenylephrine Hydrochloride 6.1mg, Night capsule containing: Paracetamol 500mg, Phenylephrine Hydrochloride 6.1mg,



## Dosage

16 years and over: 2 Day capsules every 4 hours. Do not exceed 6 Day capsules (3 doses) during the day. 2 Night capsules to be taken at night if needed. Do not exceed 8 capsules in 24 hours. Under 16 years: not suitable.