



## Arnica Massage Balm Cutaneous (Skin) Oil

### Uses

A traditional herbal medicinal product for the symptomatic relief of rheumatic pain, muscular pain and stiffness, backache, fibrositis, bruising, cramp, sprains and minor sports injuries, based on traditional use only.

### Dosage

Adults, the elderly and children over 12 years: apply sparingly to the affected area with gentle massage 3-4 times daily.

### Format and Ingredients

Liquid containing in 1g:  
520 mg of a combined liquid extract from Arnica montana L., flos (equivalent to 24mg Arnica flower) and, Betula pendula Roth and/or Betula pubescens Ehrh, folium, as well as hybrids of both species (equivalent to 24mg Birch leaf),

**Category:**  
Analgesics

**Manufacturer:**  
WELEDA UK LTD

**Pack size:** 50ml, 100ml,  
200ml

**RRP:** £10.95, £17.50, £23.95

**Legal Status:** (THR), (THR),  
(THR)