



Arnica Bumps & Bruises Skin Salve Ointment

Uses

A traditional herbal medicinal product used for the relief of muscular aches, pain, stiffness, sprains, bruises and minor sports injuries, based on traditional, longstanding use only.

Dosage

Adults, the elderly and children: apply sparingly to the affected area with gentle massage 3-4 times daily. For injury: apply a small amount immediately at the site of the injury to prevent bruising and swelling. If symptoms do not improve after 7 days, a doctor should be consulted.

Format and Ingredients

Ointment containing in 1g:
Fresh Arnica montana L., planta tota (Arnica whole plant)
0.10ml, equivalent to fresh Arnica whole plant 48mg,

Category:

Pack size: 25g



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