

# Lemsip Max Daytime Cold & Flu Relief Capsules



**Category**  
Cough, Colds and Sore  
Throat  
**Manufacturer**  
RECKITT  
**Pack size**  
16  
**RRP**  
£? need rrp  
**Legal Status**  
(GSL)



## Uses

Symptomatic relief of colds and flu, including relief of aches and pains, sore throat and headaches, fatigue and drowsiness, nasal congestion and lowering of temperature.



## Format and Ingredients

Capsule containing:  
  
Paracetamol 500mg, Caffeine 25mg, Phenylephrine Hydrochloride 6.1mg,



## Dosage

16 years and over: 2 capsules every 4-6 hours. Maximum 4 doses in any 24 hours, or maximum of 3 doses in any 24 hours if a night-time paracetamol-containing product is taken before bedtime. Under 16 years: not suitable.