



# Fybogel FibreChews

## Uses

Gently helps to relieve constipation and maintain regularity. Beneficial effects are connected with regular use.

## Dosage

Adults and children over 12 years: 3 tablets in the morning and 3 tablets in the evening (total of 6 tablets a day maximum). Tablets should be chewed or allowed to dissolve in mouth and before swallowing. Water or other drinks (e.g. fruit juice) may be drunk after taking the tablets.

## Format and Ingredients

Tablet containing:  
Fibersol-2 soluble fibre,

<b>Category:</b> Antacids and Gastrointestinal	<b>Pack size:</b> 30, 60
<b>Manufacturer:</b> RECKITT	<b>RRP:</b> £9.99, £15.99
	<b>Legal Status:</b> (GSL), (GSL)