



Arnica Massage Balm

Cutaneous (Skin) Oil

Uses

A traditional herbal medicinal product for the symptomatic relief of rheumatic pain, muscular pain and stiffness, backache, fibrositis, bruising, cramp, sprains and minor sports injuries, based on traditional use only.

Dosage

Adults, the elderly and children over 12 years: apply sparingly to the affected area with gentle massage 3-4 times daily.

Format and Ingredients

Liquid containing in 1g:
520 mg of a combined liquid extract from *Arnica montana* L.,
flos (equivalent to 24mg Arnica flower) and, *Betula pendula*
Roth and/or *Betula pubescens* Ehrh, folium, as well as
hybrids of both species (equivalent to 24mg Birch leaf),

Category: Analgesics	Pack size: 50ml, 100ml, 200ml
Manufacturer: WELEDA UK LTD	RRP: £10.95, £17.50, £23.95
	Legal Status: (THR), (THR), (THR)