# Seven Seas Jointcare Supplex



### Category

Vitamins, Minerals and **Nutritionals** Manufacturer

PROCTER & GAMBLE

**HEALTH** Pack size

30, 60, 90 RRP

£7.00, £13.83, £16.00

**Legal Status** 

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## Format and Ingredients and %NRV

Content of 2 capsules:

Vitamin D 10µg 200, Vitamin E 2.8mg ?-TE 23, Vitamin C 60mg 75, Manganese 0.6mg 30, Fish Oil 614mg, providing Omega-3 Nutrients 356mg, of which EPA, and DHA 312mg, Glucosamine Sulphate 2KCI 480mg,



### Dosage

12 years and over: 2 capsules a day with a glass of cold water.