



Seven Seas Jointcare Supplex & Turmeric

Uses

Dosage

Adults: 1 capsule and 1 tablet a day with a glass of cold water.

Format and Ingredients

Capsule containing;
Vitamin D 5µg 100, Vitamin C 30mg 37.5, Manganese 0.3mg 15, Fish Oil 307mg, Omega-3 Nutrients 178mg, EPA 156mg, Glucosamine Sulphate 2KCl 240mg, Turmeric extract (Curcuma Longa L.) 85mg, Tablet containing:

Category:
Vitamins, Minerals and Nutritionals

Manufacturer:
PROCTER & GAMBLE HEALTH

Pack size: 30 capsules + 30 tablets

RRP: £20.00

Legal Status: