

## Seven Seas Original Cod Liver Oil Plus Omega-3 Fish Oil

## Uses

## Dosage

15 years and over: two 5ml teaspoons daily. Not suitable for women who are pregnant or planning a pregnancy.

## **Format and Ingredients**

Liquid containing:

Cod liver oil and fish oil 9.2mg, providing Omega-3 Nutrients 1950mg, DHA 740mg, Vitamin A 1200µg RE 150, Vitamin D 10µg 200, Vitamin E 6.6mg ?-TE 55, of which EPA 840mg,

Category

Vitamins, Minerals and Nutritionals

Manufacturer:

PROCTER & GAMBLE HEALTH

Pack size: 300ml, 450ml

RRP: £5.51, £10.00

Legal Status: ,