



Kalms Lavender One-A-Day

Uses

A traditional herbal medicinal product used for the temporary relief of the symptoms of mild anxiety such as stress and nervousness, based on traditional use only. Under 18 years: not suitable.

Dosage

18 years and over: 1 capsule daily with water. Under 18 years: not suitable.

Format and Ingredients

Soft capsule containing:
Lavender oil (*Lavandula angustifolia* Miller, aetheroleum)
80mg,

Category:
Sleep and Travel

Manufacturer:
G R LANE HEALTH PRODUCTS
LTD

Pack size: 14

RRP: £8.49

Legal Status: (GSL)