



## Centrum Kids

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### Uses

### Dosage

4 years and over: chew 1 tablet daily, preferably with food. Do not swallow whole.

### Format and Ingredients

Chewable tablet containing:  
Vitamin A 330µg 41, Vitamin D 3µg 60, Vitamin E 5mg 42,  
Vitamin C 50mg 63, Vitamin B1 (thiamine) 0.5mg 45, Vitamin  
B2 (riboflavin) 0.5mg 36, Vitamin B6 0.5mg 36, Vitamin B12  
1µg 40, Folic Acid 200µg 100, Biotin 50µg 100, Niacin 5mg  
31, Pantothenic Acid 2.5mg 42, Iron 4.5mg 32, Manganese  
0.5mg 25, Selenium 12.5µg 23, Zinc 2.8mg 28,

**Category:**  
Vitamins, Minerals and Nutritionals

**Manufacturer:**  
HALEON PLC

**Pack size:** 30

**RRP:** £7.49

**Legal Status:**