



Seven Seas Omega-3 Extra Strength

Uses

Dosage

12 years and over: 1 capsule a day with a glass of water.

Format and Ingredients

Capsule containing:
Vitamin D 10µg 200, Fish Oil 1250mg, DHA 250mg, providing Omega-3 Nutrients 750mg, of which EPA 375mg,

Category:
Vitamins, Minerals and Nutritionals

Manufacturer:
PROCTER & GAMBLE HEALTH

Pack size: 30

RRP: £15.00

Legal Status: