



## Seven Seas Omega-3 Extra Strength

Uses

Dosage

12 years and over: 1 capsule a day with a glass of water.

## **Format and Ingredients**

Capsule containing: Vitamin D 10µg 200, Fish Oil 1250mg, DHA 250mg, providing Omega-3 Nutrients 750mg, of which EPA 375mg,

Category: Vitamins, Minerals and Nutritionals

Manufacturer: **PROCTER & GAMBLE HEALTH**  Pack size: 30

**RRP:** £15.00

Legal Status:





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