



## Eno

### Uses

For symptomatic relief of indigestion, flatulence and nausea.  
Under 12 years: not recommended, except on medical advice.

### Dosage

Over 12 years: one 5ml spoonful (5g) every 2 or 3 hours if necessary dissolved in water. Maximum two 5ml spoonfuls in 24 hours. Minimum dosing interval 2 hours. Under 12 years: not recommended except on medical advice.

### Format and Ingredients

Powder (0.85g sodium) containing per 5mg  
Sodium Bicarbonate 2.32g, Sodium Carbonate Anhydrous 0.5g, Citric Acid 2.18g,

**Category:**  
Antacids and Gastrointestinal

**Manufacturer:**  
HALEON PLC

**Pack size:** 150g

**RRP:** £3.47

**Legal Status:** (GSL)