



# Beechams Breathe Clear Hot Honey & Lemon Menthol

## Uses

For the relief of symptoms of flu, feverishness, chills and feverish colds, including headache, sore throat, aches and pains, nasal congestion, sinusitis and acute nasal catarrh.

## Dosage

Adults, elderly and children 16 years and over: 1 sachet every 4 hours, if necessary, up to a maximum of 6 sachets in any 24 hours. The lowest dose necessary to achieve efficacy should be used for the shortest duration of treatment. Not to be taken continuously for more than 7 days without medical advice. Not to be given to children under 16, except on medical advice.

## Format and Ingredients

Powder for oral solution containing per sachet:  
Paracetamol 600mg, Phenylephrine Hydrochloride 10mg,  
Vitamin C 40mg,

**Category:**  
Cough, Colds and Sore Throat

**Manufacturer:**  
HALEON PLC

**Pack size:** 10

**RRP:** 3.08

**Legal Status:** (GSL)