

# Counter Intelligence PLUS | 2025

The training guide for pharmacy assistants



## Vicks Inhaler Stick

### Uses

For the relief of nasal congestion associated with allergic and infectious upper respiratory tract disorders. Not recommended for children under 6 years.

### Dosage

Adults and children over 6 years: insert into each nostril, holding the other nostril closed and inhaling deeply, as required. Under 6 years: not recommended.

### Format and Ingredients

Nasal stick containing:  
Menthol 125mg, Camphor 50mg, Siberian Pine Needle Oil 10mg,

**Category:**  
Cough, Colds and Sore Throat

**Manufacturer:**  
PROCTER & GAMBLE HEALTH

**Pack size:** 0.5ml

**RRP:** £2.60

**Legal Status:** (GSL)

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Communications International Group Ltd 2025,  
Linen Hall, 162-168 Regent Street, London W1B 5TB