



## NiQuitin Mini 2mg Lozenges

### Uses

For the treatment of tobacco dependence by relief of nicotine withdrawal symptoms and cravings. Can also be used for gradual cessation for smokers who are unwilling or unable to quit abruptly. Suitable for smokers who smoke 20 cigarettes or less a day. Available in Mint and Citrus flavours.

### Dosage

Adults 18 years and over who smoke 20 cigarettes a day or less: Abrupt cessation: use the lozenges whenever there is an urge to smoke, usually 8-12 a day. Use for up to 6 weeks to break the habit of smoking then gradually reduce. When daily use is 1-2 lozenges, use should be stopped. A healthcare professional should be consulted if having difficulty discontinuing lozenges. Gradual cessation: use a lozenge whenever there is a strong urge to smoke in order to reduce the number of cigarettes smoked then start on the schedule for abrupt cessation. If reduction in cigarette consumption has not been achieved after 6 weeks, a healthcare professional should be consulted. Reduction in smoking: use a lozenge whenever there is a strong urge to smoke to reduce the number of cigarettes as far as possible. Temporary abstinence: use a lozenge every 1-2 hours to control withdrawal symptoms. Professional advice should be sought if unable to make a permanent quit attempt after 6 months. Maximum 15 lozenges a day. The lozenge should be moved from one side of the mouth to the other until completely dissolved (about 10 minutes). Do not chew or swallow whole. Adolescents (12-17 years): follow abrupt cessation treatment schedule for adults, but for 10 weeks, and following advice from a healthcare professional. Under 12 years: not recommended.

### Format and Ingredients

Lozenge containing:  
Nicotine 2mg,

**Manufacturer:**  
PERRIGO

**Pack size:** 20 x 3, 20 x 5

**RRP:** £16.99, £23.99

**Legal Status:** (GSL), (GSL)

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