

## EatEnjoy Dairy

## Uses

A digestive enzyme supplement for those who are lactose intolerant or sensitive to dairy, supporting the healthy breakdown of lactose to reduce bloating, cramps, and discomfort.

## Dosage

Adults and adolescents 16 years and over: 1 capsule before each dairy-containing meal to a maximum of 3 capsules a day. Under 16 years: not suitable.

## Format and Ingredients

Capsule containing:  
Proteolytic Enzymes,

**Category:**  
Antacids and Gastrointestinal

**Manufacturer:**  
PHARMAVITA LTD

**Pack size: 10**

**RRP: £12.99**

**Legal Status:**