



## Seven Seas Cod Liver Oil Maximum Strength

### Uses

### Dosage

Adults and children over 12 years: 1 capsule a day with a cold drink. Do not exceed the recommended dose.

### Format and Ingredients

Capsule containing:  
Vitamin A 750µg RE 94, Vitamin D 10µg 200, Vitamin E 10mg  
? -TE 83, Cod Liver Oil 570mg, Fish Oil 315mg, Combined oils  
provide Omega-3 Nutrients of which 308mg, EPA 134mg,  
DHA 116mg,

**Category:**  
Vitamins, Minerals and Nutritionals

**Manufacturer:**  
PROCTER & GAMBLE HEALTH

**Pack size:** 60

**RRP:** £12.50

**Legal Status:**