



XLS-Nutrition Healthy Weight Loss Shake

Uses

Meal replacement for weight control.

Dosage

To replace a meal, mix 40g (4 heaped measuring spoons) in 200ml semi-skimmed milk (1.5% fat). Add half a teaspoon (1.5g) of unsaturated vegetable oil (e.g. sunflower, safflower, rapeseed or olive oil). Close lid and shake vigorously. Always pour milk in shaker first and then the powder. Available in vanilla, strawberry and chocolate flavours.

Format and Ingredients

Powder

Category: Weight Management	Pack size: 400g powder, 400g powder and shaker
Manufacturer: PERRIGO	RRP: £19.99, £22.99
	Legal Status: ,