



# Nytol Liquid Caramel Flavour

## Uses

Temporary sleep aid in a liquid format.

## Dosage

Over 16 years: 10-25ml to be taken at bedtime or after retiring when sleep is not readily achieved. Do not take a repeat dose in the same night. Under 16 years: not recommended.

## Format and Ingredients

Liquid containing in 5ml:  
Diphenhydramine Hydrochloride 10mg,

**Category:**  
Sleep and Travel

**Manufacturer:**  
PERRIGO

**Pack size:** 300ml

**RRP:** £10.99

**Legal Status:** (P)