

## **Hay-band**

## Uses

Works by applying pressure to the LI-11 acupressure point on either arm.

## Dosage

Adults and children over the age of 3: slide the band over the elbow so that the button faces inwards over the LI-11 acupressure point, with the bands passing either side of the elbow. Can be used on either arm. Not suitable for use during pregnancy.

## **Format and Ingredients**

Acupressure arm band

Category: Allergies

Manufacturer:

SCD (HINCKLEY) LTD

Pack size: 1

**RRP:** £13.09

Legal Status: MD