

Counter Intelligence PLUS | 2025





Nytol One-A-Night

Uses

An aid to the relief of temporary sleep disturbance.

Dosage

Over 16 years: 1 tablet with water, 20 minutes before going to bed. Under 16 years: not to be given.

Format and Ingredients

Tablet containing:
Diphenhydramine Hydrochloride 50mg,

Category: Sleep and Travel

Manufacturer: PERRIGO

Pack size: 20

RRP: £7.29

Legal Status: (P)





