



Kira Low Mood Relief

Uses

A traditional herbal medicinal product used to relieve the symptoms of slightly low mood and mild anxiety, based on traditional use only.

Dosage

Adults and elderly: 1 tablet daily swallowed whole with some water or other liquid.

Format and Ingredients

Film-coated tablet containing:
St. John's Wort aerial parts extract (*Hypericum Perforatum* L.) (3-6:1) 450mg, equivalent to St John's Wort 1350-2700mg, Extraction solvent: Methanol 80% v/v,

Category:
Sleep and Travel

Manufacturer:
PRECISION HEALTHCARE

Pack size: 30

RRP: £16.50

Legal Status: (THR)