



Seven Seas Omega-3 Fish Oil plus Cod Liver Oil Maximum Strength Capsules

Uses

Dosage

Over 12 years: 1 capsule a day with a glass of cold water.

Format and Ingredients

Capsule containing:
Fish Oil 1250mg, DHA 313mg, Vitamin D 10µg 200, providing
Omega-3 Nutrients 1063mg, of which EPA 688mg,

Category:
Vitamins, Minerals and Nutritionals

Manufacturer:
PROCTER & GAMBLE HEALTH

Pack size: 60

RRP: £10.00

Legal Status: