

Seven Seas Omega-3 Fish Oil plus Cod Liver Oil Gelatine Free High Strength Capsules



Category

Vitamins, Minerals and
Nutritionals

Manufacturer

PROCTER & GAMBLE
HEALTH

Pack size

60, 120

RRP

£8.00, £12.00

Legal Status

,



Uses



Format and Ingredients and %NRV

Capsule containing:

Cod Liver Oil 266mg, Fish Oil Concentrate 263mg, Omega-3
Nutrients 193mg, of which EPA 92mg, DHA 68mg, Vitamin D
10µg 200, Vitamin E 10mg ?-TE 83,



Dosage

Over 12 years: 1 capsule a day with a glass of cold water.