

Seven Seas Omega-3 & Turmeric



Category

Vitamins, Minerals and
Nutritionals

Manufacturer

PROCTER & GAMBLE
HEALTH

Pack size

30 + 30

RRP

£19.99

Legal Status



Uses



Format and Ingredients and %NRV

Tablet containing:

Vitamin D 10µg 200, Vitamin E 2mg ?-TE 17, Fish Oil 500mg, providing Omega-3 Nutrients 300mg, DHA 100mg, Tablet containing:Turmeric extract (Curcuma Longa L.) 85mg, equivalent to root (50:1), of which EPA 150mg,



Dosage

Over 12 years: 1 tablet and 1 capsule daily with a glass of cold water.