



Seven Seas Omega-3 & Turmeric

Uses

Dosage

Over 12 years: 1 tablet and 1 capsule daily with a glass of cold water.

Format and Ingredients

Tablet containing:
Vitamin D 10µg 200, Vitamin E 2mg ?-TE 17, Fish Oil 500mg, providing Omega-3 Nutrients 300mg, DHA 100mg, Tablet containing: Turmeric extract (Curcuma Longa L.) 85mg, equivalent to root (50:1), of which EPA 150mg,

Category:
Vitamins, Minerals and Nutritional

Manufacturer:
PROCTER & GAMBLE HEALTH

Pack size: 30 + 30

RRP: £19.99

Legal Status: