

# Nurofen Day & Night Cold & Flu 200mg/5mg Tablets



**Category**  
Cough, Colds and Sore Throat  
**Manufacturer**  
RECKITT  
**Pack size**  
16  
**RRP**  
£5.49  
**Legal Status**  
(GSL)

## Uses

Relief of symptoms of cold and flu with associated congestion, including aches and pains, headache, fever, sore throat, blocked nose and sinuses.

## Format and Ingredients

Tablet containing:  
  
Ibuprofen 200mg, Phenylephrine Hydrochloride 5mg,

## Dosage

Over 12 years: 2 tablets every 8 hours. Leave at least 4 hours between doses. Maximum 6 tablets in 24 hours. A doctor should be consulted if symptoms persist or worsen, or if the product is required for more than 10 days. Under 12 years: not to be given.