

# Fybogel FibreChews



**Category**  
Antacids and  
Gastrointestinal  
**Manufacturer**  
RECKITT  
**Pack size**  
30, 60  
**RRP**  
£9.99, £15.99  
**Legal Status**  
(GSL), (GSL)



## Uses

Gently helps relieve constipation and maintain regularity.



## Format and Ingredients

Tablet containing:  
  
Fibersol-2 soluble fibre,



## Dosage

Adults and children over 12 years of age: 3 tablets in the morning and 3 tablets in the evening: to a total of 6 tablets per day. The tablets should be chewed or allowed to dissolve in mouth and therefore swallowed. After taking the tablets it is possible to drink water or other drinks (e.g. fruit juice). Maximum 6 tablets per day. The beneficial effects of the product are connected with regular use.