

Seven Seas Original Cod Liver Oil Plus Omega-3 Fish Oil



Category
Vitamins, Minerals and
Nutritionals
Manufacturer
PROCTER & GAMBLE
HEALTH
Pack size
300ml, 450ml
RRP
£5.51, £10.00
Legal Status

Uses

Format and Ingredients and %NRV

Liquid containing:

Cod liver oil and fish oil 9.2mg, providing Omega-3 Nutrients 1950mg, DHA 740mg, Vitamin A 1200µg RE 150, Vitamin D 10µg 200, Vitamin E 6.6mg α-TE 55, of which EPA 840mg,

Dosage

15 years and over: two 5ml teaspoons daily. Not suitable for women who are pregnant or planning a pregnancy.