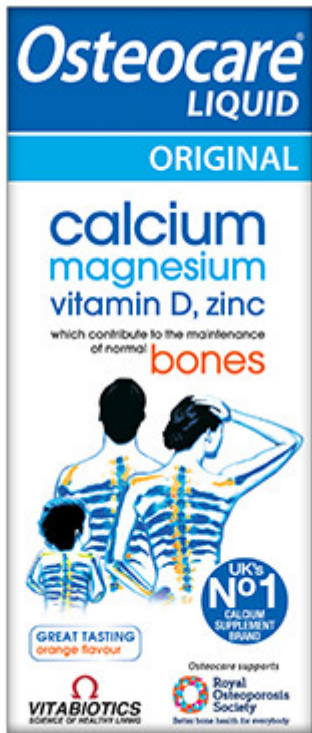


# Osteocare Liquid



**Category**

Vitamins, Minerals and  
Nutritionals

**Manufacturer**

VITABIOTICS LTD

**Pack size**

200ml, 500ml

**RRP**

£5.15, £12.45

**Legal Status**

,



**Uses**



**Format and Ingredients and %NRV**

Liquid containing per 10ml:

Vitamin D (as D3 400 IU) 10µg 200, Calcium 300mg 38,  
Magnesium 150mg 40, Zinc 6mg 60,



**Dosage**

Adults: 2 teaspoonfuls twice daily. Pregnancy and breast-feeding: 2 teaspoonfuls twice daily. Children 3-12 years: 2 teaspoonfuls daily. Ideally taken with a main meal.