



Nytol One-A-Night

Uses

A clinically proven sleep aid for the relief of temporary sleeplessness.

Dosage

16 years and over: 1 tablet with water, 20 minutes before going to bed. Under 16 years: not suitable.

Format and Ingredients

Tablet containing:
Diphenhydramine Hydrochloride 50mg,

Category: Sleep and Travel	Pack size: 20
Manufacturer: PERRIGO	RRP: £8.19
	Legal Status: (P)