



## Seven Seas Jointcare Active

### Uses

### Dosage

12 years and over: 2 capsules per day with a glass of cold water.

### Format and Ingredients

Capsule containing:  
Vitamin D 10µg 200, Vitamin C 60mg 75, Zinc 4mg 40,  
Manganese 2mg 100, Glucosamine Sulphate 2KCl 660mg,  
Chondroitin Sulphate 27mg, Fish Oil 614mg, providing  
Omega-3 Nutrients 356mg, of which EPA, With DHA 312mg,

**Category:**  
Vitamins, Minerals and Nutritionals

**Manufacturer:**  
PROCTER & GAMBLE HEALTH

**Pack size:** 30, 60

**RRP:** £14.00, £20.00

**Legal Status:** ,