



# Perfectil Hair Crush Gummies

## Uses

## Dosage

Adults: chew 2-3 gummies per day with a main meal.

## Format and Ingredients

Per 3 gummies:  
Beta-carotene 1mg, Vitamin D (as D3 400 IU) 10µg 200,  
Vitamin E 30mg ?-TE 250, Vitamin C 80mg 100, Thiamine (vitamin B1) 1.1mg 100, Riboflavin (vitamin B2) 1.4mg 100, Niacin (vitamin B3) 16mg NE 100, Vitamin B6 1.4mg 100, Folic Acid 400µg 200, Vitamin B12 9µg 360, Biotin 150µg 300, Iron 3mg 21, Zinc 2.5mg 25, Copper 250µg 25, Selenium 55µg 100, Chromium 40µg 100, Iodine 50µg 33, L-Cytine 5mg, Grape Seed Extract 3mg, CoEnzyme Q10 3mg, Horsetail Extract equivalent to 45mg,

**Category:**  
Vitamins, Minerals and Nutritionals,  
Hair and Scalp

**Manufacturer:**  
VITABIOTICS LTD

**Pack size:** 60

**RRP:** £23.95

**Legal Status:**