

## **Kalms Lavender One-A-Day**

## Uses

A traditional herbal medicinal product used for the temporary relief of the symptoms of mild anxiety such as stress and nervousness, based on traditional use only. Under 18 years: not suitable.

## Dosage

18 years and over: 1 capsule daily with water. Under 18 years: not suitable.

## **Format and Ingredients**

Soft capsule containing: Lavender oil (Lavandula angustifolia Miller, aetheroleum) 80mg,

Category: Sleep and Travel

Manufacturer:

G R LANE HEALTH PRODUCTS LTD

Pack size: 14

**RRP:** £8.49

Legal Status: (GSL)