



# Nicorette QuickMist Mouthspray

## Uses

Relieves and/or prevents cravings and nicotine withdrawal symptoms for those wishing to stop smoking or vaping or cut down prior to quitting. Suitable for use during pregnancy and breastfeeding.  
Also available as Nicorette QuickMist SmartTrack Mouthspray, which works in conjunction with the Nicorette Stop Smoke & Vape app.

## Dosage

Over 12 years: 1 or 2 sprays into the mouth when cravings emerge. Maximum 2 sprays per dosing episode, 4 sprays per hour or 64 sprays in any 24-hour period. Smoking/vaping cessation: replace all cigarettes/e-cigarettes with Nicorette QuickMist, reducing the number of sprays until stopped completely. Cutting down prior to quitting: use Nicorette QuickMist between smoking/vaping episodes as needed to prolong smoke/vape-free intervals and reduce use as much as possible before quitting completely.

## Format and Ingredients

Spray containing per 1 spray:  
Nicotine 1mg,

**Category:**  
Smoking Cessation

**Manufacturer:**  
KENVUE

**Pack size:** Freshmint, Cool Berry single, duo, SmartTrack Freshmint single, duo, SmartTrack Cool Berry duo

**RRP:** £23.46, £36.50, £23.59, £37.48, £35.29

**Legal Status:** (GSL), (GSL), (GSL), (GSL), (GSL)