



Lift Fast Acting Glucose Chews

Uses

Provides a quick boost of energy. Can be used before high energy sports, or to treat and prevent hypoglycaemia in diabetes. Available in Blueberry Burst, Zesty Lemon & Lime, Juicy Raspberry and Tangy Orange flavours. Also available in shots containing 15g of glucose in Very Berry and Zesty Lemon, Lime, Strawberry & Lime and Fruity Tropical flavours.

Dosage

For sports use: take 2 tablets 10-15 minutes prior to any high energy activity that will last 30 mins or longer. Continue as required every 30 minutes. To help manage blood sugar levels in diabetes: take 3 or more tablets initially to increase blood sugar levels.

Format and Ingredients

Chewable tablet containing:
Dextrose monohydrate 92%, containing Glucose (Dextrose) 3.7g,