



Seven Seas Maximum Strength Omega-3 Fish Oil Plus Cod Liver Oil

Uses

Dosage

Adults over 15 years: Two 5ml teaspoons daily. Children over 11 years: One 5ml teaspoon daily. Can be taken on its own or mixed with milk or fruit juice.

Format and Ingredients

Liquid containing per 10ml:
Fish Oil 6.8g, Cod Liver Oil 2.4g, providing Omega-3
Nutrients of which, EPA 955mg, DHA 825mg, Vitamin D 5µg
100, Vitamin E 10mg ?-TE 83,

Category:
Vitamins, Minerals and Nutritionals

Pack size: 150ml, 300ml

RRP: £10.00, £18.00

us: ,

