

## Nicotinell Compressed Lozenge

## Uses

Relieves nicotine withdrawal symptoms including cravings, facilitating smoking cessation or temporary smoking reduction in smokers motivated to quit. The 1mg lozenge is recommended for low to moderate nicotine dependency (less than 20 cigarettes a day). For moderate to strong dependency (20-30 cigarettes a day), the 1mg or 2mg lozenge may be used. For strong to very strong dependency, the 2mg lozenge is preferable.

## **Dosage**

Adults: suck 1 lozenge when the urge to smoke is felt. Initially, 1 lozenge every 1-2 hours. No more than 1 lozenge an hour. Normally, treatment should continue for at least 3 months. After 3 months, lozenges should be gradually reduced before stopping. Use beyond 6 months is not recommended. For smoking reduction: lozenges should be used between smoking to prolong smoke-free intervals and reduce smoking. A quit attempt should be made as soon as possible and no later than 4 months after starting treatment. Smokers who have failed to quit with Nicotinell Lozenge can use Nicotinell Patches together with Nicotinell 1mg Lozenge. They should stop smoking completely during treatment. Maximum total treatment duration is 9 months. Adolescents 12-17 years: not to be used without prescription from a healthcare professional. Under 12 years: not be used.

## Format and Ingredients

Lozenge containing: Nicotine Bitartrate Dihydrate, providing Nicotine 1mg or 2mg, footer

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Legal Status: (GSL), (GSL), (GSL), (GSL), (GSL), (GSL), (GSL)