



## Mintec

### Uses

For the symptomatic relief of irritable bowel syndrome (IBS).

### Dosage

Adults: 1 capsule 3 times a day, preferably before meals with a small quantity of water, but not immediately after food. Capsules must not be broken or chewed. When symptoms are more severe, the dose may be increased to 2 capsules 3 times a day. The capsules should be taken until symptoms resolve, but may be continued for up to 2 to 3 months. Children: not recommended.

### Format and Ingredients

Capsule containing:  
Peppermint Oil 0.2ml,

**Category:**  
Antacids and Gastrointestinal

**Manufacturer:**  
ALMIRALL LTD

**Pack size:** 84

**RRP:** £12.66

**Legal Status:** (GSL)