



## Seven Seas Maximum Strength Omega-3 Fish Oil Plus Cod Liver Oil

### Uses

### Dosage

Adults over 15 years: Two 5ml teaspoons daily. Children over 11 years: One 5ml teaspoon daily. Do not exceed the recommended dosage.

### Format and Ingredients

Liquid containing per 10ml:  
Fish Oil 6.8g, Cod Liver Oil 2.4g, Blend providing Omega-3 Nutrients of which 2300mg, EPA 955mg, DHA 825mg, Vitamin D 5µg 100, Vitamin E 10mg ?-TE 83,

**Category:**  
Vitamins, Minerals and Nutritional

**Manufacturer:**  
PROCTER & GAMBLE HEALTH

**Pack size:** 300ml, 400ml

**RRP:** £18.00, £24.00

**Legal Status:** ,