



Seven Seas Pregnancy

Uses

Dosage

Pregnant women: 1 tablet and 1 capsule per day with sufficient water, preferably with a meal.

Format and Ingredients

Tablet containing:

Folate 400µg, of which Folic Acid 200µg 200, L-Methylfolate 208µg, Vitamin B1 1.4mg 127, Vitamin B2 1.4mg 100, Niacin 15mg NE 94, Pantothenic Acid 6.0mg 100, Vitamin B6 1.9mg 136, Vitamin B12 4.5µg 180, Biotin 40µg 80, Vitamin C 55mg 69, Vitamin D 20µg 400, Vitamin E 4.8mg ?-TE 40, Copper 0.8mg 80, Iodine 150µg 100, Iron 14mg 100, Magnesium 75mg 20, Selenium 30µg 55, Zinc 8.0mg 80, Choline 130mg, Capsule containing: DHA 200mg,

Category:
Vitamins, Minerals and Nutritional

Manufacturer:
PROCTER & GAMBLE HEALTH

Pack size: 28 + 28

RRP: £20.00

Legal Status: