



## Nicorette Microtab

### Uses

Relieves nicotine withdrawal symptoms as an aid to smoking and vaping cessation. Helps smokers and vapers ready to stop immediately, and those cutting down their nicotine usage before stopping. Can be used in pregnancy and lactation when making a quit attempt.

### Dosage

Over 18 years: 1 tablet placed under the tongue per hour or, for heavy smokers (more than 20 cigarettes a day) or heavy vapers (vape frequently or use high strength e-liquid), 2 tablets per hour. Maximum dose: 40 tablets per day. Smoking and vaping cessation: up to 3 months of treatment is recommended. The nicotine dose should be gradually reduced by decreasing the total number of tablets per day. Treatment should be stopped when daily consumption is down to 1 or 2 tablets. Cutting down prior to quitting: use between smoking and vaping episodes to reduce smoking/vaping. A quit attempt should be made as soon as possible and no later than 6 months. Adolescents 12-18 years: smoking and vaping cessation: As adult dosage, but tablets should be used for up to 8 weeks before gradually reducing over 4 weeks. Smoking and vaping reduction: only after consulting a healthcare professional.

### Format and Ingredients

Sublingual tablet containing:  
Nicotine 2mg,

**Category:**  
Smoking/Vaping Cessation

**Pack size:** 100

**RRP:** £31.19