



## Pharmaton Vitality Capsules

### Uses

Clinically proven to recover energy levels. Indicated for the relief of short periods of exhaustion (for example caused by stress), tiredness, feeling of weakness, or lack of vitality. This is a daily condition associated with a busy, hectic lifestyle. Enhances mental and physical capacity.

### Dosage

Adults: 1 capsule each day taken with or after food. Recommended for 4 weeks and in periods of up to 12 weeks. If symptoms show no improvement, a doctor should be consulted. Children: not to be given.

### Format and Ingredients

Soft capsule containing:  
Panax Ginseng Extract G115 40mg, Biotin 150µg, Vitamin B1 (thiamine) 1.4mg, Vitamin B2 (riboflavin) 1.6mg, Vitamin B6 (pyridoxine hydrochloride) 2mg, Vitamin B12 (cyanocobalamine) 1µg, Vitamin C (ascorbic acid) 60mg, Vitamin E (dl-alpha-tocopheryl acetate) 10mg, Nicotinamide 18mg, Folic Acid 100µg, Calcium 100mg, Copper 2mg, Zinc (as sulphate) 1mg,